



ASTHMA PROCEDURES

Procedures number	Pol-05	Version	1.0
Drafted by	ARCHERY SA	Approved by ED on	13 July, 2017
Responsible person	Sue Martin	Scheduled review date	1 April, 2018

RESPONSIBILITIES

It is the responsibility of the Policy & Membership to review these procedures annually.

PROCEDURES

Asthma is a major chronic health condition that currently affects over 180,000 South Australians, including 1 in 9 children. It is estimated that 50% of these people will experience symptoms during physical activity (Exercise-Induced Asthma). Sport and recreation organisations can play a key role in providing a safe and supportive environment for participants with asthma.

ARCHERY SA recognises the need to promote responsible asthma management strategies and foster the development of greater asthma awareness.

Aims

- It is recommended that all people with asthma regularly consult their Doctor for efficient asthma management. However, to reduce the likelihood of an asthma emergency at an event, the following strategies will be implemented:

ARCHERY SA and Club Management and Committees will be encouraged to:

- Provide all coaches and trainers with the opportunity to participate in Asthma First Aid training
- Display asthma information in suitable locations
- Encourage the development of an environment and culture of asthma awareness
- Be aware of triggers in the local environment that may affect asthma

Coaches, Trainers, Officials and Volunteers will be encouraged to:

- Participate in a recognised Asthma First Aid training course (and update every two years)
- Ensure the Asthma Emergency Management Kit is available
- Ensure all asthma first aid incidents are recorded

- Be aware of participants with asthma in their teams or squads (through Action Plans)
- Encourage strategies to reduce the impact of asthma, including Exercise-Induced Asthma
- Communicate asthma concerns to parents and carers as appropriate

Members and Participants will be encouraged to:

- Take responsibility for the management of their asthma, including consulting their doctor to develop a written Asthma Action Plan
- Implement strategies to reduce the impact of Exercise-Induced Asthma
- Ensure they have their reliever medication available at all times

Parents and Carers will be encouraged to:

- Provide and update asthma information as required or needed
- Consult their child's doctor to develop a written Asthma Action Plan
- Ensure an appropriate supply of reliever medication is available for their child

(first adopted: April, 2012)

RELATED DOCUMENTS

- Hot Weather Policy

AUTHORISATION

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ARCHERY SA
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